

POWER PLATE®

PULSE™

PORTABLE. POWERFUL. PERFECT

From the leader in whole body vibration for over 20 years, the Power Plate® Pulse™ is a powerful, yet whisper quiet, portable handheld massager that helps relax and rejuvenate tight and sore muscles, release fascia and promote blood flow to help you prepare faster and recover quicker.

The Pulse is a cutting-edge vibrating massager that:

- Helps relax and rejuvenate tight and sore muscles
- Accelerates exercise warm up and recovery
- Promotes blood flow and fascia release
- Enhances range of motion
- Reduces pain

 4 VIBRATION INTENSITY LEVELS

 4+ HOUR BATTERY LIFE

 WHISPER QUIET MOTOR

 LIGHTWEIGHT DESIGN

NEW PREMIUM CARRYING CASE

The Power Plate Pulse now includes a convenient, durable carrying case. Perfect for travel, perfect for storage.

- Protective padded case
- Keeps accessories and attachments in one place
- Ensures the Pulse is ready to use whenever you are



SIX MESSAGE ATTACHMENTS

The Power Plate Pulse comes with six different attachments to better suit your preparation and recovery.



**Also available
In Matte Black**

Simple, 1-Button Control



Power Plate® Pulse™ Features

62PG-900-03

62PG-900-04

| | | | | |
|-----------------------|---|-----------------------|-----------------------|-----------------------|
| Colors | Matte Red or Matte Black | | | |
| Charging Method | Wall Charger with Two Adapters | | | |
| User Materials | Quick Start Guide (in-box); Educational Content (via the Power Plate App) | | | |
| Vibration Levels | 4 Standard Ascending Intensity Levels | | | |
| Vibrations Per Minute | Level 1 1,300/22Hz | Level 2 1,800/30Hz | Level 3 2,500/42Hz | Level 4 3,300/55Hz |
| Battery Charge Time | ~2 Hours (120 Minutes) | | | |
| Battery Runtime | Level 1: 4-5 Hours / Level 4: 2-3 Hours | | | |
| Auto Shutoff Timer | 10 Minutes | | | |
| Weight | 1.12kg / 2.46lbs | | | |
| Certifications | CE, FCC | | | |
| Motor Type | Brushless Motor | | | |
| Amplitude | 12mm | | | |
| Stall Force | 50lbs (22.7kg) | | | |
| Carrying Case | Padded, rugged exterior with heavy grade zipper | | | |
| Product Warranty | 1 Year Limited Manufacturer's Warranty | | | |



Visit our website at powerplate.com to check out the rest of our Targeted Vibration Products



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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